

EVERY GOOD GIFT NEEDS A *Healthy Rhythm*

Work. Caring for people. Responsibilities. They matter.
The problem is our culture has no counterweight.

GOD'S GOOD GIFTS	HEALTHY RHYTHMS
Work	Sabbath Rest
Caring for People	Receiving from God
Responsibilities	Margin
Serving	Abiding in Christ
Productivity	Presence
Achievement	Identity in Christ
Leadership	Humility & Dependence
Planning	Trusting God
Activity	Stillness
Doing	Being with Jesus

